

Adverse Psychiatric Effects of Intense Meditation Practices
Interview Preamble Consent

Dear Participant:

You are being invited to participate in a research study about meditation by answering interview questions. The purpose of this study is to describe clinical manifestations of unintended/negative reactions to meditation. This study is conducted by Dr. Huecker of the University of Louisville. There are no known risks for your participation in this research study. The information collected may not benefit you directly. The information learned in this study may be helpful to others. The information you provide will help us to better understand meditation practices and the sometimes-unintended negative reactions that patients can have. The interview will take approximately 45 minutes to complete.

Individuals from the Department of Emergency Medicine, the Institutional Review Board (IRB), the Human Subjects Protection Program Office (HSPPO), and other regulatory agencies may inspect these records. In all other respects, however, the data will be held in confidence to the extent permitted by law. Should the data be published, your identity will not be disclosed.

Taking part in this study is voluntary. By answering interview questions, you agree to take part in this research study. You do not have to answer any questions that make you uncomfortable. You may choose not to take part at all. If you decide to be in this study, you may stop taking part at any time. If you decide not to be in this study or if you stop taking part at any time, you will not lose any benefits for which you may qualify.

If you have any questions about your rights as a research subject, you may call the Human Subjects Protection Program Office at (502) 852-5188. You can discuss any questions about your rights as a research subject, in private, with a member of the Institutional Review Board (IRB). The IRB is an independent committee made up of people from the University community, staff of the institutions, as well as people from the community not connected with these institutions. The IRB has reviewed this research study.

If you have any questions, concerns, or complaints about the research study, please contact: *Martin Huecker, (502) 852-3895, martin.huecker@louisville.edu*

If you have concerns or complaints about the research or research staff and you do not wish to give your name, you may call 1-877-852-1167. This is a 24-hour hot line answered by people who do not work at the University of Louisville.

Sincerely,
Martin Huecker